



LIFE & WORK

WORK SAFELY AT
CONSTRUCTION
SITES



Construction is a sector in which there is the largest number of serious and fatal workplace injuries.

Protect your health at work.

Do not forget to receive basic training on work safety.

Abide by the principles of safe behaviour while on the construction site – if you ignore those principles, you risk:

- falling from a height,
- having an accident with an electrical current,
- becoming buried during excavation work,
- being hit by falling objects,
- being hit by a passing vehicle,
- hearing loss due to loud noise,
- coming into contact with dangerous substances (cement, lead),
- inhalation of asbestos fibers.

Do only work for which you are qualified.

Wear work clothes and work footwear while at work.

Do not work with machinery or electrical and transport equipment which you know nothing about.

Protective equipment is part of your day-to-day personal protection:

- work clothes and footwear with anti-slip treads and full heels,

- gloves,
- protective clothing for work in bad weather and for work when there is reduced visibility,
- protective helmet and protective faceguard,
- hearing protection,
- respirators and masks,
- fall prevention equipment,
- body positioning equipment,
- washing and cleaning products.

Do not consume alcoholic beverages or addictive substances at the workplace.

Report any injuries to your superior.

Work clothes belong at the workplace.

After finishing work, store your work clothes in a designated area and take care of your personal hygiene.



